

Curriculum Vitae

2019

Thomas Souza, D.C.

CHIROPRACTIC EDUCATION

1980-1983 D.C., Cleveland Chiropractic College, Los Angeles, CA

EMPLOYMENT

Palmer College of Chiropractic – West Campus

2018 – Present *Professor*

2003-2018 *Dean of Academic Affairs*

2001-2003 *Dean of Academic Programs and Clinics*

1998 – 2001 *Dean of Clinics*

1994-1998 *Tasman Clinic Director*

1993-1997 *Department Chair of Diagnosis*

1992-1993 *Department Chair of Clinics*

1991-Present *Full Professor (Academic ranking)*

1988-1994 *Clinical Professor*

1986-1987 *Assistant Professor*

1985-1986 *Instructor*

Private Practice

1985-1993 Private part-time practice, San Mateo, CA

Editorial Role

2000-2003 – Editorial Board for *Journal of the Neuromusculoskeletal System*

1995 - Editorial Board for *Topics in Clinical Chiropractic*, Aspen Publications

1994 - Associate Editor for *Topics in Clinical Chiropractic*, Aspen Publications

Consultant/Expert Witness

2004-Present Team Lead for Council on Chiropractic Guidelines and Practice Parameters

1993-Present Serves as a consultant for attorneys and chiropractors in cases involving alleged malpractice

1992 Served as a consultant for the *Mercy Center Guidelines*

Columnist

1996-2001 Chiropractic Sports Physician in *Dynamic Chiropractic*

Owner/Operator of *Coffbreaku.com* – The Evidence-Informed Chiropractor

2011 – Present: a website of information for chiropractors and those interested in what chiropractic is. For subscribers, posted videos totaling 134 as of July, 2019 and increasing 1 per month

INSTRUCTIONAL EXPERIENCE

Clinical Professor (Clinician)-Palmer West College of Chiropractic 1985-1995

Supervisor for 40-50 interns with a case load of 400 patients. In addition to directing intern education, initial examination and treatment of all patients is performed. Case load included Worker's Compensation and Personal Injury.

Palmer-West Instructional Experience (1985-Present)

- Differential Diagnosis I (currently)
- Differential Diagnosis II and III (currently)
- Chiropractic Procedures III (Thoracic Diagnosis and Treatment)
- Cardiovascular and Pulmonary Pathophysiology
- Lower Extremity Technique and Management
- Chiropractic Diagnostic Seminars II
- Chiropractic Philosophy and Practice I
- Rehabilitation and Exercise II
- Chiropractic Clinical Evaluation I
- Geriatrics
- Pediatrics
- Evidence-Based Chiropractic I (currently)
- Evidence-Based Chiropractic II (currently)
- Neuroanatomy
- Neuroscience II
- Management of a Chiropractic Practice
- Development of a Chiropractic Practice
- Public Health I (currently)
- Public Health II (currently)
- Neurological Differential Diagnosis
- Orthopedics
- Clinic I
- Chiropractic Clinical Evaluation II (Low Back and Pelvis)
- Physical Diagnosis II

Postgraduate Presentations: over 100 presentations

- Palmer-West Orthopedics Diplomate Program (1994-1997)
- Western States Sports Diplomate Program (1992-1995)
- Western State Orthopedic Diplomate Program (2000-2004)
- Canadian Sports Fellowship Program (2000-2004)

Topics:

- DDx/Management of Knee Disorders
- DDx/Management of Shoulder Disorders
- DDx/Management of Elbow-Wrist/Hand Disorders
- DDx/Management of Hip/Thigh Disorders
- DDx/Management of Low Back Disorders

- DDx/Management of Head/Face Disorders
- DDX/Management of Visceral Disorders

Conference Presentations

(Other than standard Certificate or Diplomate in Sports or Orthopedics Lectures)

- Triple Play – A Review of the Literature: Palmer College of Chiropractic – West Campus, May 4, 2019
- The Shoulder, Copenhagen, Denmark, September 22-23, 2018
- Triple Play – A Review of the Literature: Palmer College of Chiropractic –West Campus, May 5, 2016
- Evaluation and Management of Common Shoulder and Knee Presentations. California Chiropractic Association, Anaheim, CA, September. 2014
- New Science Regarding Radiculopathies: Palmer College of Chiropractic –West Campus, May 5, 2013.
- Orthopedic Testing: An Evidence-Based Approach - Palmer College of Chiropractic, Davenport, Iowa, March 3, 2013
- Chiropractic Association of Australia, September 8-9, 2012, Sydney: Integrating Evidence into Your Practice
- Palmer Chiropractic College, Florida, May 2011, Biomechanics of the Upper Extremity
- Best Practices Certification Program: Upper/Lower Extremity – CASD – Bismarck, North Dakota, February, 2011
- Palmer Chiropractic College Homecoming, "The Shoulder" Davenport, August 2011
- Best Practices Certification Program: Upper/Lower Extremity – CASD – Sioux Falls, South Dakota, September, 2010
- Keynote Speaker - British Chiropractic Association Convention: The Shoulder. Bournemouth, England, April 4, 2009.
- Best Practices Certification Program: Upper/Lower Extremity – CASD – Minneapolis, Minnesota, February, 2009
- Rhode Island Chiropractic Convention. Update of the Literature. November 8-9,2008. Providence, Rhode Island.
- Best Practices Certification Program: Cervical and Lumbar Spine – CASD- Minneapolis, Minnesota. October 2008
- Update of the Literature. Solihull, England, September 20-21, 2008.
- Best Practices Certification Program: Lower Extremity – CASD – Sioux Falls, South Dakota, June,2008
- Best Practices Certification Program: Upper Extremity – CASD – Sioux Falls, South Dakota, April,2008
- Best Practices Certification Program: Lumbar Spine – CASD – Sioux Falls, South Dakota, February, 2008
- Best Practices Certification Program: Cervical Spine – CASD – Sioux Falls, South Dakota, November 2007
- Update of the Literature, Chiropractic Associates of South Dakota, Sioux Falls, February, 2007
- Update of the literature, California Chiropractic Association, Reno, Nevada, February 2007
- The Shoulder, Odense, Denmark, September 30-October 1, 2006
- Literature Update – Alberta Chiropractic Association, Edmonton, Alberta, April 1-3, 2005

- Common Mistakes in Evaluation and Management of the Shoulder – California Chiropractic Association Convention, January 3004, Newport Beach, CA.
- Use It or Lose It- Staying Physically Dynamic. Presentation at Aspen Center for Integrative Health, Aspen, Colorado, August,2004
- Differential Diagnosis and Management of the Upper Extremity: North Carolina State Chiropractors Convention, Wilmington, NC, April 2003
- Service to the Community: Outreach Clinics at Palmer-West – ACC/RAC Conference, New Orleans, LA, March - 2003
- Evaluation and Management of the Chiropractic Patient – Palmer Lyceum, Santa Clara, CA, May 2001
- Differential Diagnosis and Management of the Upper Extremity: Copenhagen, Denmark September 23rd and 24th, 2000
- Keynote Speaker, ACA Sports Symposium – The Shoulder – Baltimore, Maryland, March 9-11, 2000
- Keynote Speaker, Canadian Sports Symposium – Shoulder Assessment Update – Whistler, British Columbia, October 1-3, 1999
- ACA National Educational Conference – Sports Chiropractic. Vancouver, British Columbia, June 19-21st, 1998
- Institute for Health Care Improvement – Low Back Pain Collaborative, St. Louis, MO, February 18- 19th, 1998.
- Chiropractic Centennial Celebrations in Washington DC (July 5-9, 1995) and Davenport, Iowa (September 17-19, 1995)
- Palmer Chiropractic College-West Homecoming, Sunnyvale, October, 1990, "Diagnosis and Treatment of Shoulder Impingement Syndrome"
- Academy of Forensic and Industrial Chiropractic Consultants, San Francisco, April, 1990; "Orthopedic and Radiologic Evaluation of the Injured Worker"
- Palmer Chiropractic College-West Homecoming, Sunnyvale, October, 1989, "Diagnosis and Treatment of Common Knee Disorders"
- American Physiatrist Convention, San Francisco, February 1989 "Chiropractic Treatment of Neck and Low Back Pain"
- American Back Society Symposium, San Francisco, December 1988 "Lower Extremity Pain in the Athlete"
- Palmer West College of Chiropractic - Homecoming, Sunnyvale, October, 1988, "Diagnosis of Common Shoulder Disorders"

PUBLICATIONS

Texts

- Souza TA: *Differential Diagnosis and Management for the Chiropractor: Protocols and Algorithms*. 5th Edition. Jones & Bartlett Publishers, October, 2014.
- Souza TA: *Differential Diagnosis and Management for the Chiropractor: Protocols and Algorithms*. 4th Edition. Jones & Bartlett Publishers, Publication Date projection October, 2008.
- Souza TA: *Differential Diagnosis and Management for the Chiropractor: Protocols and Algorithms*. 3nd Edition. Jones & Bartlett Publishers, August, 2004.
- Souza TA: *Differential Diagnosis and Management for the Chiropractor: Protocols and Algorithms*. 2nd Edition. Aspen Publishers, September 2000.
- Souza TA: *Differential Diagnosis for the Chiropractor: Protocols and Algorithms*. Aspen Publishers, July, 1997.

□ Souza TA: *Sports Injuries of the Shoulder: Conservative Management*, Churchill Livingstone, New York. 1993

Book Chapters

- Souza, TA, et al. CCGPP Best Practices Upper Extremity Chapter (on-line in April 2008)
- Souza TA: The Knee. In: Hyde T, Geggenbach M (eds). *Conservative Management of Sports Injuries*. Boston, Jones & Bartlett Publishers, 2007 (2nd edition)
- Souza TA: The Knee. In: Hyde T, Geggenbach M (eds). *Conservative Management of Sports Injuries*. Baltimore, Williams & Wilkins, 1996 (1st edition)
- Souza TA: Which Orthopedic Tests are Really Necessary? Lawrence D (ed) In: *Advances in Chiropractic*. Mosby, 1994

Periodicals

- Rowe DE, Feise RJ, Crowther ER, Grod JP, Menke JM, Goldsmith CH, Stoline MR, **Souza TA**, Kambach B. Chiropractic manipulation in Adolescent Idiopathic Scoliosis: a pilot study. *Chiropractic & Osteopathy* 2006, 14:15
- Mootz R, Hansen D, **Souza TA**, et al. Application of Incremental Change Strategies in Chiropractic and Multidisciplinary Clinical Settings for Quality Improvement. *Quality Management in Health Care*. 2000;8(3)42-64.
- Souza TA. An Overview of Clinical Decision Making and Problem Solving. *Topics in Clinical Chiropractic*; Aspen 5:3, 1998
- Souza TA, Soliman S. Normal aging. *Topics in Clinical Chiropractic*, Aspen 3:3, 1996
- Souza TA: Decision making in the management of scoliosis. *Topics in Clinical Chiropractic*, Aspen 1:3, 1994
- Souza TA: Management of orthopedic conditions of the lower leg, foot, and ankle. *Topics in Clinical Chiropractic*, Aspen 1:2, 1994
- Souza TA: Management of common knee disorders. *Topics in Clinical Chiropractic*, Aspen 1:2, 1994
- Souza TA: Differentiating mechanical (Somatic) from visceral pain. *Topics in Clinical Chiropractic*, Aspen 1:1, 1994
- Souza TA: Treatment of common knee disorders - Part II-Specific disorders 4:4 *Chiropractic Sports Medicine* 1990
- Souza TA: Treatment of common knee disorders - Part I-General principles. *Chiropractic Sports Medicine* 4:3, 1990
- Souza TA: Functional examination of the shoulder, *Chiropractic Technique*, 1:4, November, 1989
- Souza TA: Evaluating lateral knee pain, *Chiropractic Sports Medicine*, 3:4, 1989
- Souza TA, Mootz RD, McCarthy KA: The apprentice-based clinical experience, *ICA Review* May/June, 1988

Dynamic Chiropractic Column: The Chiropractic Sports Physician

- Shoulder Impingement Syndrome in the Athlete. January, 1996
- Update on the Knee. February, 1996
- Finger Injury in Sport. March, 1996
- Athletic Headaches. April, 1996
- The Preparticipation Examination, May, 1996

- On-the-Field Examination of Extremity Injuries. June, 1996
- General Sport's Texts: How Do You Choose? July, 1996
- More Sports Texts, August, 1996
- The Young Athlete: Part I. September, 1996
- The Young Athlete. Part II. October, 1996
- The Bicyclist. Part I. November, 1996
- The Bicyclist. Part II, December 1996
- The Athletic Shoe. January, 1997
- The Wrist: Part I. February, 1997
- The Wrist: Part II. March, 1997
- Shoulder Rehabilitation: Part I. April, 1997
- Shoulder Rehabilitation: Part II. May, 1997
- Sports Medicine Update: Part I. June, 1997
- Sports Medicine Update: Part II. July, 1997
- Lower Leg Pain: Part I. August, 1997
- Lower Leg Pain: Part II. September, 1997
- Anterior Cruciate Ligament Insufficiency in Women, October, 1997
- Update on Anterior Cruciate Ligament Injuries, November, 1997
- The Windmill Softball Pitch, December, 1997
- Osteoarthritis of the Knee, January, 1998
- Sports Update, February 1998
- Knee and Ankle X-Rays, March, 1998
- Rugby, April, 1998
- Tib-fib Syndesmosis Injury, May, 1998
- Shoulder Rehabilitation, June, 1998
- Sports Update, July 1998
- Sports Update II – August 1998
- Little League Shoulder – September 1998
- Glenoid Labrum I – October 1998
- Glenoid Labrum II – November 1998
- Sports Update – The Shoulder – December 1998
- Sports Update – The Shoulder Part II – January, 1999
- Sports Update – The Knee Part I – February, 1999
- Sports Update – The Knee Part II – March, 1999
- Developing a Sports Practice – April, 1999
- Posterior Cruciate Injury – May, 1999
- Sports Update – June, 1999
- Shoulder Rehabilitation – July, 1999
- Knee Rehabilitation – August, 1999
- Concussion – September, 1999
- Evaluation of the Unstable Shoulder – October, 1999
- Lag sings – November, 1999
- Shoulder Update – December, 1999

- Shoulder Update II – January, 2000
- Winter Sports Update – March, 2000
- Knee Update – April, 2000
- Volleyball Injuries – May, 2000
- Sports Update – June, 2000
- Sports Update – July, 2000
- Sports Update – August, 2000
- Sports Update – September, 2000
- Electrothermally Assisted Capsuloraphy for Shoulder Instability – October, 2000
- Patellofemoral Pain: Open versus Closed-Chain Exercises – November, 2000
- Sports Update – December, 2000 and Sports Update – January 2001

Unpublished Notes:

Souza TA: Cardiovascular Pathophysiology
 Souza TA: Diagnosis and Treatment of the Knee and Ankle
 Souza TA: Diagnosis and Treatment of the Shoulder
 Souza TA: Evaluation and Treatment of Low Back Pain
 Souza TA: Differential Diagnosis
 Souza TA: Special Considerations with Athletes
 Souza TA: Sports Injuries of the Wrist and Hand

LICENSE

Doctor of Chiropractic, California License No. 15943

DIPLOMATE

- Diplomate of the American Chiropractic Board of Sports Physicians (DACBSP) (not renewed)

REFERENCES

Robert Mootz, D.C., DABCO –Former Editor for *Topics in Clinical Chiropractic*, Aspen;
 Former Assistant Medical Director, State of Washington

Ron LeFebvre, D.C. – Director of Chiropractic Sciences and Education Western States
 University, Portland, Oregon